

# *Questions to ask your Plastic Surgeon*

- What types of breast reconstruction are available?

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- What type of reconstruction would you recommend for me?

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- How long have you been performing reconstruction and how many mastectomy reconstructions have you done, do you have any photos to show me?

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- How many surgeries are needed to perform the reconstruction?

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# *Questions to ask your Plastic Surgeon*



- What kind of anaesthesia will I have and how long does the surgery take?

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- How many drains will I have and how long will they be in?

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- How long will I stay in hospital?

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- Will there be any sutures to remove after surgery?

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# Questions to ask your Plastic Surgeon



- What is normal recovery in terms of pain and how long will I be experiencing pain after the procedure?

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- What kind of complications can occur with this type of surgery?

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- What is the recovery time for the reconstruction?

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- What can I do to minimize the scarring after surgery?

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# Questions to ask your Plastic Surgeon

- What costs will I incur with your services both in and out of hospital?

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- How long will I need to take off work?

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- What will my lifting restrictions be?

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- Are there any special rules for sleeping or moving?

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## *Questions to ask your Plastic Surgeon*

- When should I start physiotherapy?

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- When can I return to exercise?

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- What if I'm not satisfied with the results?

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- How many years do my implants last?

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# Questions to ask your Plastic Surgeon

- How do you choose the implant size and shape, can I be included in this process?

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## Expanders

- Will I wake up with breasts – if so what size?

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- How many times do you fill the expanders and how much is put in each time?

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- How long will it take between the first mastectomy surgery (when expanders are put in) and the exchange surgery (when the implants are put in)?

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# Questions to ask your Plastic Surgeon



- Will I have drains with the exchange surgery?

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- How long will the exchange surgery take?

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- How long will my recovery be and what restrictions are there while I'm recovering?

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## Tram Flap and DEIP

- What is the recovery time for this type of surgery?

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# *Questions to ask your Plastic Surgeon*



- What will the scars look like?

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- How long will my recovery be and what restrictions are there while I'm recovering?

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- Additional Notes

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