



PINK HOPE

QUESTIONS TO ASK ABOUT *plastic surgeon*

- What types of breast reconstruction are available?

- What type of reconstruction would you recommend for me?

- How long have you been performing reconstruction and how many mastectomy reconstructions have you done, do you have any photos to show me?

- How many surgeries are needed to perform the reconstruction?





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QUESTIONS TO ASK ABOUT *plastic surgeon*

- What kind of anaesthesia will I have and how long does the surgery take?

- How many drains will I have and how long will they be in?

- How long will I stay in hospital?

- Will there be any sutures to remove after surgery?





QUESTIONS TO ASK ABOUT *plastic surgeon*

- What is normal recovery in terms of pain and how long will I be experiencing pain after the procedure?

- What kind of complications can occur with this type of surgery?

- What is the recovery time for the reconstruction?

- What can I do to minimize the scarring after surgery?



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QUESTIONS TO ASK ABOUT *plastic surgeon*

- What costs will I incur with your services both in and out of hospital?

- How long will I need to take off work?

- What will my lifting restrictions be?

- Are there any special rules for sleeping or moving?





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QUESTIONS TO ASK ABOUT *plastic surgeon*

● When should I start physiotherapy?

● When can I return to exercise?

● What if I'm not satisfied with the results?

● How many years do my implants last?





QUESTIONS TO ASK ABOUT *plastic surgeon*

- How do you choose the implant size and shape, can I be included in this process?

Expanders

- Will I wake up with breasts - if so what size?

- How many times do you fill the expanders and how much is put in each time?

- How long will it take between the first mastectomy surgery (when expanders are put in) and the exchange surgery (when the implants are put in)?



QUESTIONS TO ASK ABOUT *plastic surgeon*

- Will I have drains with the exchange surgery?

- How long will the exchange surgery take?

- How long will my recovery be and what restrictions are there while I'm recovering?

Tram Flap and DEIP

- What is the recovery time for this type of surgery?



